

## **Would you like to help test a measure of consumer readiness to transition from ACT?**

Since its inception over thirty years ago, the prevailing assumption about ACT was that once a consumer needed ACT, he or she would need ACT for life. We now know this not to be true and teams routinely transition consumers from ACT to less intensive services. However, there is little information in the literature about who can transition, to what level of less intensive services and with what outcomes and this is a remarkable gap in our knowledge. Here, a researcher from the University of North Carolina at Chapel Hill and colleagues from a large community mental health agency in Ohio are conducting a mixed-methods study about ACT transitions. As a part of this study, the research team is testing a measure designed to help ACT teams make decisions about a consumer's readiness to transition to less intensive services. After sufficient testing, this measure – the Assertive Community Treatment Transition Readiness Scale (ATR) – will be available free of charge to all who want to use it. If you're interested in learning more or would like to participate in pilot testing the ATR click the link below. [https://www.surveymonkey.com/s.aspx?sm=jDqKU4\\_2fAQOmI0YASZR\\_2fRHg\\_3d\\_3d](https://www.surveymonkey.com/s.aspx?sm=jDqKU4_2fAQOmI0YASZR_2fRHg_3d_3d) .For more information, about the measure or the study contact Gary Cuddeback, Ph.D. at [cuddeback@mail.schsr.unc.edu](mailto:cuddeback@mail.schsr.unc.edu).